

# Which is right for me?



## Supported Independent Living

For independent adults with disabilities who need support, but do not need 24 hour direct care.

Residents typically have daytime activities, which may include a part-time job or volunteer work.

Residents may be encouraged to work with other support services.

Residents rely on service providers and peer support for assistance and guidance.

Residence may be owned or rented by an agency. The residence is not licensed.

Regulatory oversight is provided by the managing agency, as are routine visits and 24/7 on-call support.

There is no overnight staff.

Residents must manage their own medications.

Residents pay a flat fee per month for room and are responsible for cable TV, internet, etc.

Residents provide their own meals.



## Group Home Living

For adults meeting specific diagnosis criteria for entry.

Adults are authorized (by a Managed Care Organization /MCO) to receive services.

Group Homes are licensed, monitored, and regulated by NC Division of Health and Service Regulation (DHSR) and other government agencies.

Group Homes are owned or leased by an agency and/or HUD and under contract with a MCO (in our area of NC, it's Alliance Behavioral Healthcare) to provide licensed residential services.

Group Homes provide 24-hour person-centered care and habilitation, direct care, helps to develop self-help skills, gain employment or volunteer experience, participate in community activities.

Room and board are paid through a combination of the resident's entitlements: Social Security income (SSI/SSDI), Special Assistance through Medicaid and/or private pay.

